

The Toothpaste Blessing

By Joey Korn

The Human Energy Pattern (HEP), which everyone has connected to them, is central to my work as a Personal Energy Clearer and Spiritual Space Clearer. I've come to understand that imbalances in our HEPs reflect out as detrimental Earth Energies in our homes. The more intense the imbalances are in our HEPs, the more intensely detrimental the energies will be in our homes. I've seen great advantages in keeping our HEPs totally clear, balanced, and beneficial. However, most people have at least a typical set of imbalances in their HEPs, related to their stresses and strains of life. I have finally figured out a very simple way for people to keep their HEPs balanced and beneficial pretty much 24 hours a day.

OBSERVATIONS: Through the years, I have observed that if you bless yourself with my Simple Blessing Process, it will balance your HEP for a few minutes, but your stresses and strains of life will bring at least the typical or normal imbalances back in a short time. If you bless an object you wear or carry in your pocket, it will keep your HEP balanced for a few hours, but you will soon overpower the energies in the object, and the imbalances will return to your HEP. If you bless something you eat or drink, it will last better than half a day, because you assimilate the blessed energy into your body, but you'd have to remember to use the Simple Blessing Process effectively over all or most of your meals. I wanted it to be easier, but I still suggest you call on the Divine to bless all your meals and to bless yourself often.

SOLUTION: In thinking about this, I wondered, "What substance does almost everyone put into his or her mouth that doesn't remain on our bodies or in our physical possession, such as in a pocket, throughout the day, so it won't be overpowered by the imbalances in our HEPs. Once I asked myself that question, I immediately got the answer: *Toothpaste!* Once you successfully bless your tube of toothpaste, you won't have to bless it again until you get a new tube of toothpaste. *However, I suggest you bless it twice to make sure it "takes," and it wouldn't hurt to bless it again from time to time, such as routinely at the beginning of each month.* If two or more people share the same tube of toothpaste, bless it once for each person. Remember to envision energy or Light shining on and filling the tube of toothpaste as you bless it, and then think of yourself or whoever you're blessing it for when you get to the next part of the blessing. *Envisioning the process is important to activate the blessing.*

The Toothpaste Blessing

Dear God (or however you address the Divine),
Please bless this toothpaste and fill it with energy
(Now imagine a beacon of Divine Light shining on the tube and lighting it up, and then continue.)
To bring healing and balance to my (or someone else's) complete being,
Physically..., Emotionally..., Mentally..., and Spiritually...,
Thank you. Amen.