

# The Toothpaste Blessing

By Joey Korn

The Human Energy Pattern (HEP), which everyone has, is central to my work as a Personal Energy Clearer and Spiritual Space Clearer. I've come to understand that imbalances in our HEPs reflect out as detrimental Earth Energies in our homes. The more intense the imbalances are in our HEPs, the more intensely detrimental the Earth Energies will be in our homes. I've seen great advantages in keeping our HEPs totally clear, balanced, and beneficial. However, most people have a typical set of imbalances in their HEPs, related to their stresses and strains in life. After many years, I have finally figured out a very simple way for people to keep their HEPs balanced and beneficial pretty much 24 hours a day.

**OBSERVATIONS:** Through the years, I have observed that if you bless yourself with my Simple Blessing Process, it will balance your HEP for a few minutes, but your stresses and strains of life will bring them back. If you bless an object to wear or carry in your pocket, it will last a few hours, but in time, you will overpower the energies in the object, and the imbalances will return to your HEP. If you bless something you eat or drink, it will last better than half a day, but you'd have to remember to use the Simple Blessing Process over most of your meals. I wanted it easier, but I still suggest you call the Divine to bless all your meals.

**SOLUTION:** In the Remote Space Clearing work that I do daily, I use the Blessing Process to connect the energies in my client's home to my home, so all the energies in the remote home will appear in my home. I use blessed objects to balance HEPs temporarily that appear around beds and other furniture, by placing the blessed objects on the furniture that has the HEP imprinted around it. This helps me sort things out. If I remember to remove the objects, taking them out of the energy, before I connect to another home and bring in another set of energies, the blessed objects can be used again and again. They hold the energy that they're blessed or charged with indefinitely, if they are removed from the furniture after my sessions, so they don't stay in the Human Energy Pattern. Otherwise, the energy in them would also be overpowered.

In thinking about this, I wondered, "What does almost everyone put in the mouth or consume at least twice a day that doesn't remain with us throughout the day, so it won't be overpowered by the imbalances in our HEPs. Once I asked myself that question, I immediately got the answer: *Toothpaste!* Once you successfully bless your tube of toothpaste, you won't have to bless it again until you get a new tube of toothpaste. However, I suggest you bless it twice to make sure it "takes." So here is the blessing:

## The Toothpaste Blessing

Dear God (or however you address the Divine),  
Please bless this toothpaste and charge it with energy  
To bring healing and balance to my complete being,  
Physically..., Emotionally..., Mentally..., and Spiritually...,  
\* (Optional – See below.)

Thank you.

Amen.

\* This is where you can add an optional statement, such as "...And especially to give me the desire to do what is necessary to lose weight and improve my health."