

## Chapter 15

# Blessing Electrical Fields To Help Us in Life

**M**any people fear the electromagnetic fields (EMFs) that radiate from electrical devices. You learned a little about dowsing and balancing these energies in Chapter 10. I want to help you understand the process better and help you realize more of the potential you have in working with these energies. You don't need to fear EMFs at all, especially in your home, because with the understandings you'll have after reading this chapter, you'll be able to use your intent, through the blessing process, to make these energies beneficial to you, rather than harmful to you. They will then strengthen you rather than weaken you. *I love EMFs!*

That might sound odd to you, that I love EMFs, when so many people say they are harmful to us. You can ask the Divine or call on Nature to bless these fields to become beneficial, and they will. And for the most part, these energy fields seem to stay balanced and beneficial for quite a while after you bless them. The beneficial charge doesn't wear off or dissipate over time, with typical electrical appliances you have in your home. The fields even seem to hold the beneficial energy after a power outage and after being unplugged and plugged back in. The power to work with these energies lies within you.

A few devices that radiate these energy fields are listed below:

- Cell or mobile phones and cordless phones
- Televisions
- Computer screens
- Wireless Internet broadcasters
- Compact fluorescent light bulbs, but not fluorescent tubes
- Rheostats (dimmer switches), but not regular light switches
- Refrigerators
- Lighted digital readouts (such as digital clocks)

- Smart meters

We can also change the energy fields radiating from larger electrical devices, like transformers and cell/mobile phone towers, but these devices tend to lose the beneficial charge over time. I don't know why yet, but they do. One day I'll figure out how to make these beneficial energies hold longer in these larger devices. When I do that, I'll be sure to put it in my website.

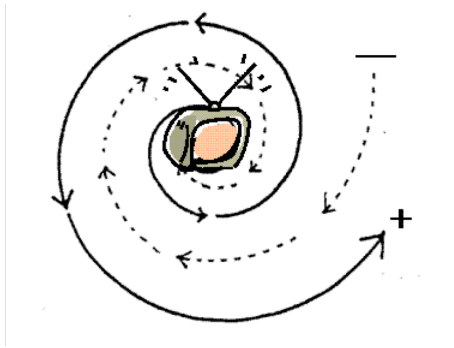
Many people lately have asked me about the energies radiating from smart meters that are commonly being used by utility companies. With smart meters, your power usage information is sent directly to the utility company, without having to send an employee to read the meter. I've gotten so many questions about this that I wondered if smart meters were like the larger devices that might revert back to detrimental frequencies some time after being blessed. However, after learning that we have a smart meter on our house, I dowsed the energies radiating from it, and I found that the energy field had remained beneficial, like the energy fields around the rest of the electrical appliances in our home. I have blessed all of our appliances in the past with whole house blessings. You'll get an example of this blessing later in this chapter. I have no problem with a smart meter being attached to my home, as I'm all for technology and productivity.

### *Subtle vs. Physical Electromagnetic Fields*

There is a significant difference between the subtle electrical fields you can find with dowsing and the physical EMF fields you can detect with electronic equipment, such as gauss meters. I know of no scientific instruments that can detect the subtle energy fields that we, as humans, can find with dowsing and can feel with muscle testing. A human being must be involved in the process with some kind of dowsing tool or technique. After many years of exploration, I find that the subtle counterpart to the physical electrical field affects us more than the physical field, until the physical electrical field gets much stronger than is commonly thought of as being harmful to us. *And we can change the subtle field to be beneficial and to help us in life.*

It is commonly thought that the closer you get to the source of the electrical emanation,

such as a television, the stronger the field will be and the more it will affect us. Many people in the US consider the physical field harmful if it measures greater than 3 mG (milli-Gauss) on a gauss meter. Others use much higher readings, especially in Europe, where higher voltage is used. However, my experience gives me a different take on this.



**Figure 1**  
**Subtle Energy Field Radiating from a TV**

as to its effect on us. When you're standing in a detrimental (positive) band in the subtle electromagnetic field, you'll be weakened, as can be experienced with muscle testing. Stand in between these bands (in a negative band), and you'll muscle-test normal.

I find that the subtle energy fields radiating from electronic appliances can be depicted like the image at left. Similar to the energy radiating from power spots, the subtle electrical field is a vortex, composed of two spiraling bands, one positive and one negative. From my experience, only the positive band carries the charge; the negative band, represented by the dashed spiral, is neutral

So, in the case of EMFs, it's the *positive* band that can be detrimental to us. Even though the subtle energy fields radiating from electronic devices tend to be detrimental, right out of the box, you can easily change them to be beneficial. After you change the detrimental bands to be beneficial, *they will still be positive*. This is at the core of why I don't call detrimental subtle energy "negative" and beneficial subtle energy "positive." Most people think of positive as good and negative as bad, but in the world of energy, that is not always the case.

You can even charge the positive bands of energy with a particular frequency of energy, as defined by your intent, to help you with an unresolved issue in your life, and it will help you specifically with that issue. Remember that we are energy beings living in a universe of energy. We change the frequency that we vibrate at with every thought, action, and emotion. Your issues aren't just abstract concepts; they are real, and each issue in your life has a specific frequency associated with it. As your issues change, their resonant frequencies change.

What I'm sharing throughout this book is to help you become more aware of what is taking place in the world of energy, day in and day out, how to take some charge of that process.

### *Using This Knowledge to Balance and Improve EMFs*

Now it's time for practical application of this knowledge. The subtle energy fields that radiate from appliances are among the easiest energy fields to get dowsing reactions to.

Get out your L-rods and hold one in each hand in your search position. Stand at least ten feet from any device that might be radiating an electrical field, such as any device in the previous list. Approach the device while dowsing with the intent, *Show me any detrimental energy that might be radiating from that device*, and keep your intent focused on the device and the space between you and the device. As you approach the first band of detrimental energy, you'll begin to get a dowsing reaction. When your L-rods enter the strongest part of the energy band, you'll get a full dowsing reaction. My L-rods will cross for EMF, but an opening of the rods is fine. (See Chapter 10.) Any definite reaction means you have found what you are looking for. As you pass through that band, your L-rods will begin to return to their search position and will then begin another reaction as you approach the next band.

You can also find these energy fields with a pendulum or any other dowsing tool. If you put your pendulum purposely into a steady swing, back and forth, away from you and toward you, it will begin to wobble as you approach each band and will go into a full circular swing at the strongest part, or center, of each band of energy. As you continue walking toward the appliance, your pendulum will begin to lose that circular spin, go back into a wobble, and then return to a to-and-fro swinging motion in between the bands.

The closest band is typically about one foot from the device. The distance between the bands will double each time it spirals away from the device, so the next one will be about two feet from the first band, the next would be about four feet from that band, and so on. These energy bands ultimately extend into infinity, but the bands get weaker and more diffused the farther they get from the device. Interestingly, *these subtle energy bands are still physically weakening to us, as can be observed with muscle testing, well beyond the point that a gauss meter will*

*detect them.*

As you approach an electronic device while dowsing, you may not get a dowsing reaction until just before you reach the device, within about twelve inches, or maybe not even until you actually get to the physical device. If this happens, it's because these places are where the strongest energies are, and they are the easiest to get reactions to. Start over and dowse again for weaker (even more subtle) bands of the same energy, and you'll likely get several reactions.

If you have someone to work with, you can use muscle testing to see that people are weakened when standing in the bands (where you get the dowsing reactions) and will muscle-test stronger while standing in between the bands.

Then focus your intent on the device and say a blessing, such as:

*Dear God (or however you address the Divine),  
Please bless that device and the energies radiating from it  
And make them beneficial to us as human beings. Amen.  
(You could also add "...and to our pets.")*

After the blessing, muscle test again and, if you've stated your intent adequately, you'll both muscle test strong while standing in the bands, even stronger than while standing in between the bands. That's because you are now being supported by the energy in each band. They are still "positive," but they're now beneficial. Remember that *only the positive band carries a charge.*

Now dowse again, asking to find detrimental energies that might be radiating from the device, and, if they've changed, you won't get any dowsing reactions. Change your intent to, *Show me beneficial energies that might be radiating from the device,* and you'll get dowsing reactions in the same places you did before. Remember to keep your intent on the device and on the space between you and the device.

Another way to demonstrate this quite easily in any setting, even without a dowsing tool,

is with a cell phone or a “mobile,” as they’re called in Europe. You don’t have to bring out your L-rods or say anything about dowsing.

1. Ask someone to stand up and hold their phone to their ear, as if they were using it.
2. Then ask them to hold their other arm straight out to the side, parallel to the ground, for muscle testing.
3. Tell them to resist while you push down, cupping your hand over the top of their wrist, pushing down hard enough to make their arm go down.
4. Then ask them to bless their phone by saying something like: *Dear God, please bless this phone and the energies radiating from it to make it beneficial. Amen.*
5. Tell them to hold the phone their ear again, like they were using it, and muscle-test them again. You’ll almost always find that they will muscle test much stronger.

Alternatively, to add a little mystery, you can silently bless the phone and its energy field, without telling them what you’re doing. Then have them hold the phone to their ear and muscle test again by pushing down on their arm while they resist. They’ll test much stronger. This is a simple, yet powerful demonstration. If you silently blessed the phone, without telling what you were doing, they will say, “What did you do???” Then you can explain.

After you’ve experimented a little, by dowsing and blessing a few devices, you’ll grow confident of the process. Then you’ll be able to bless all the energy fields radiating from all electrical devices in your home with just one blessing. An example of such a blessing is below. Before you say it, dowse and muscle test to identify a few devices that have detrimental fields, but don’t bless them individually. If you still don’t feel confident with your dowsing, have your partner back up and stand very close to the device, so that they are touching it with the back. Then muscle-test them. Then say:

*Dear God (or however you address the Divine)*

*Please bless my entire home*

*And bless all the electronic devices in my home,  
Such as the television, microwave oven, computer,  
And all other devices like that,  
As well as the energy fields radiating from them,  
To make them all beneficial  
For my family, for me, and for all who enter our home.  
Thank you,  
Amen*

Then go and check the devices that you had already dowsed and/or muscle-tested, but had not blessed individually. You'll find that they are now beneficial and strengthening. You can also dowse a few more devices, asking to find detrimental energy fields that might be radiating from them. You'll likely find that all or most of them will have changed to be beneficial, depending on how effectively you have defined your intent and spread it throughout your home.

If you find any that still dowse or muscle test as detrimental, just bless them individually. If you find that most are still detrimental, say the blessing again over you home with more intent.

Remember to think about what you are saying while you're saying the blessings. As will be explained more thoroughly later, *it's not the words that make the energy changes; it's your intent*. You need to use words, however, that will adequately define your intent, and spread your intent throughout your home with your intent through the blessing.

You can even put your intent into these subtle energy fields to help keep your own energy pattern balanced and beneficial while you're in them, which you'll learn about in the next few chapters. Now maybe you're beginning to understand why I say, "I love EMFs!"